

## **29<sup>th</sup> Annual *AI Buncher Relay Carnival* 9/9/09, @ White Plains High School**

The Kennedy Catholic Lady Gaels Swim Team got off to a positive start for the 2009 season by placing fourth out of 17 squads at the AI Buncher Relay Carnival at White Plains High School. In doing so, Kennedy placed ahead of many prominent swim programs, including Brewster, Harrison, John Jay – Cross River, and Horace Greeley. Schools were grouped into different divisions, not necessarily reflecting the new geographical conference alignments.

In what was truly a collaborative effort, it was fitting that all fifteen Lady Gael swimmers won at least one medal each. Kennedy opened with a bronze medal effort in the 500 Crescendo Freestyle Relay. In the next four events, the Lady Gaels would take either first or second, winning Silver in the 200 Backstroke Relay, Gold in the 200 Breaststroke Relay, Silver in the 200 Freestyle Relay, and Gold in the 200 Butterfly Relay.

Kennedy features ten swimmers returning from the successful 2008 squad:

Alexandra Panzarino	('10 – Captain)
Megan O'Connor	('10 – Captain)
Kathryn Windas	('10)
Gabrielle Spalvieri	('11 – Captain)
Laura Krasniqi	('11)
Meghan Lenzi	('11)
Kelsey Royael	('11)
Jacqueline Tosto	('11)
Victoria Holzinger	('12)
Grace Mante	('12)

In addition, Lindsie O'Hagan ('11), a force on the 2007 Lady Gaels, has rejoined the team after a year's absence.

There are also four new additions to the Lady Gaels:

Zwana Loehr-Mseleku	('13)
Kimberly McCarthy	('13)
Ellen McTigue	('13)
Livia Oberem	

Head Coach Paul Alvarez and Assistant Coach Michael Panzarino view this as one of the deepest Kennedy Swim Teams in recent memory. Although Kennedy is geographically grouped in one half of the tough Conference One (with

Croton-Harmon/Hen Hud, Lakeland/Panas, Ossining, Peekskill, Putnam Valley, and Yorktown), the Lady Gaels look forward to a solid year in 2009.

The results of the AI Buncher Relay Carnival follow below:

**Event 1      Diving**  
No Divers

**Event 2      500 Crescendo Freestyle Relay      (unknown time)      3<sup>rd</sup> Place  
Bronze Medal**  
50   Kathryn Windas  
100   Zwana Loehr  
200   Kim McCarthy  
100   Meghan Lenzi  
50   Jacqueline Tosto

**Event 3      200 Backstroke Relay      (2:34.78)      2<sup>nd</sup> Place  
Silver Medal**  
Victoria Holzinger      (31.98)  
Kelsey Royael      (46.58)  
Zwana Loehr      (43.44)  
Lindsie O'Hagan      (32.76)

**Event 4      200 Breaststroke Relay      (2:39.80)      1<sup>st</sup> Place  
Gold Medal**  
Grace Mante      (41.32)  
Laura Krasniqi      (37.76)  
Gabrielle Spalvieri      (38.71)  
Kim McCarthy      (41.87)

**Event 5      200 Freestyle Relay      (2:27.12)      2<sup>nd</sup> Place  
Silver Medal**  
Megan O'Connor      (34.55)  
Livia Oberem      (46.23)  
Kelsey Royael      (38.31)  
Ellen McTigue      (28.03)

**Event 6      200 Butterfly Relay      (2:24.34)      1<sup>st</sup> Place  
Gold Medal**  
Grace Mante      (40.12)  
Laura Krasniqi      (33.54)  
Lindsie O'Hagan      (33.98)  
Alexandra Panzarino      (28.70)

**Event 7      200 Medley Relay      (2:08.29)      DQ**  
Victoria Holzinger      (31.94)  
Gabrielle Spalvieri      (39:60)  
Alexandra Panzarino      (28:24)  
Ellen McTigue      (28.71)

**Team Scoring**

<b>PLACE</b>	<b>SCHOOL(S)</b>	<b>POINTS</b>
<b>1</b>	<b>Sleepy Hollow/Edgemont/Irvington</b>	<b>214</b>
<b>2</b>	<b>Rye/Blind Brook</b>	<b>206</b>
<b>3</b>	<b>Fox Lane</b>	<b>204</b>
<b>4</b>	<b>Kennedy Catholic</b>	<b>194</b>
	<b>Scarsdale</b>	<b>194</b>
<b>6</b>	<b>Mamaroneck</b>	<b>190</b>
<b>7</b>	<b>Bronxville</b>	<b>188</b>
<b>8</b>	<b>New Rochelle</b>	<b>186</b>
<b>9</b>	<b>Yonkers</b>	<b>178</b>
<b>10</b>	<b>Harrison</b>	<b>172</b>
<b>11</b>	<b>Horace Greeley</b>	<b>168</b>
	<b>Keio</b>	<b>168</b>
<b>13</b>	<b>North Rockland</b>	<b>158</b>
<b>14</b>	<b>Brewster</b>	<b>156</b>
	<b>John Jay – Cross River</b>	<b>156</b>
<b>16</b>	<b>White Plains</b>	<b>142</b>
<b>17</b>	<b>Byram Hills</b>	<b>138</b>