

## *MEET SUMMARY # 4*

**October 2, 2009 vs. Lakeland / Walter Panas, @ Westchester Community  
KENNEDY 77 - LAKELAND / WALTER PANAS 93 (Lost)**

The Kennedy Catholic Lady Gaels were minus two important swimmers, Laura Krasniqii ('11) and Zwana Loehr ('13) and lost to a very deep Lakeland / Walter Panas squad this past Friday (10/2/09) by a score of **93 - 77**. Lakeland/Panas actually featured a roster of 37 swimmers, as opposed to only 13 Lady Gaels. The loss evened Kennedy's 2009 record at **2 - 2**.

Kennedy had three individual firsts, highlighted by Captain Alexandra Panzarino's ('10) victories in the 200 I.M. (2:22.54) and the 100 Butterfly (1:02.77). Alex also led the Lady Gaels to two relays firsts (200 Medley, 200 Free). Lindsie O'Hagan ('11) captured the 100 Backstroke (1:18.47) and was second in the 100 Freestyle (1:02.79). Lindsie, along with Ellen McTigue ('13) and Victoria Hollinger ('12), was also part of the winning 200 Medley and 200 Free Relays. Ellen took third in the 100 Freestyle (1:03.13) and second in the 100 Breaststroke (1:28.25). Victoria was a solid second in both the 50 Freestyle (0:27.83) and the 500 Freestyle (6:01.04), displaying her great versatility.

Kimberly McCarthy ('13) was a strong third in both the 200 I.M. (2:47.55) and the 100 Butterfly (1:17.99). Gabrielle Spalvieri ('11) took third in the 100 Breaststroke (1:30.78) and scored in the 200 Free Relay. Kathryn Windas ('10) swam the 50 Freestyle and all three relays, scoring 4 points in the 400 Free Relay. Megan O'Connor ('10) took valuable points in both distance freestyle events (200, 500).

Meghan Lenzi ('11) scored in both the 200 Freestyle (4<sup>th</sup>) and 100 Freestyle (5<sup>th</sup>). Grace Mante ('12) was fifth in both the 50 Freestyle and the 100 Breaststroke, netting two points for the Lady Gaels. Jacqueline Tosto ('11) swam the 100 Butterfly and 200 I.M. Kelsey Royael ('11) took on the 200 Medley Relay, 200 Freestyle, and the 100 Backstroke. Livia Oberem ('13) scored in the 100 Backstroke for the second consecutive meet.

Head Coach Paul Alvarez and Assistant Coach Michael Panzarino had to juggle the lineup due to absences, but hope to be back at full strength for the next meet.

All the remaining dual meets for the Lady Gaels will be held at their home pool at Westchester Community College. This coming week's meets are against Putnam Valley (Wednesday, 10/7/09 @ 5 PM) and Yorktown (Friday (10/9/09 @ 5 PM).

### **200 Medley Relay**

1 <sup>st</sup> )	Kennedy	Victoria Holzinger, Lindsie O'Hagan Alexandra Panzarino, Ellen McTigue	2:07.08	8
2 <sup>nd</sup> )	L / WP	Victoria Egerton, Brittany Chiang, Michelle Cook, Laura Coghen	2:13.00	4
3 <sup>rd</sup> )	L / WP	Julie McMahon, Nina Rathbun, Rebecca Giannini, Mary Kate Keane	2:29.00	2
4 <sup>th</sup> )	Kennedy	Kelsey Royael, Gabrielle Spalvieri, Kimberly McCarthy, Kathryn Windas	2:37.79	
5 <sup>th</sup> )	L / WP	Taylor Anderson, Rebecca Cherchia, Christina Tartaglia, Jamie DeBenedetto	?	

### 200 Freestyle

1 <sup>st</sup> )	L / WP	Bardha Brucaj	2:18.00	6
2 <sup>nd</sup> )	L / WP	Danika Brucaj	2:42.00	4
3 <sup>rd</sup> )	L / WP	Julie McMahon	2:43.00	3
4 <sup>th</sup> )	Kennedy	Meghan Lenzi	2:52.98	2
5 <sup>th</sup> )	Kennedy	Megan O'Connor	2:56.75	1
6 <sup>th</sup> )	Kennedy	Kelsey Royael	3:14.18	

### 200 Individual Medley

1 <sup>st</sup> )	Kennedy	Alexandra Panzarino	2:22.54	6
2 <sup>nd</sup> )	L / WP	Brittany Chiang	2:29.00	4
3 <sup>rd</sup> )	Kennedy	Kimberly McCarthy	2:47.55	3
4 <sup>th</sup> )	L / WP	Victoria Egerton	2:50.00	2
5 <sup>th</sup> )	L / WP	Nina Rathbun	2:59.00	1
6 <sup>th</sup> )	Kennedy	Jacqueline Tosto	3:36.53	

### 50 Freestyle

1 <sup>st</sup> )	L / WP	Michelle Cook	0:27.47	6
2 <sup>nd</sup> )	Kennedy	Victoria Holzinger	0:27.83	4
3 <sup>rd</sup> )	L / WP	Laura Coghen	0:28.89	3
4 <sup>th</sup> )	L / WP	Rebecca Chechia	0:32.10	2
5 <sup>th</sup> )	Kennedy	Grace Mante	0:32.77	1
6 <sup>th</sup> )	Kennedy	Kathryn Windas	0:34.85	

### Diving

None

### 100 Butterfly

1 <sup>st</sup> )	Kennedy	Alexandra Panzarino	1:02.77	6
2 <sup>nd</sup> )	L / WP	Michelle Cook	1:17.65	4
3 <sup>rd</sup> )	Kennedy	Kimberly McCarthy	1:17.99	3
4 <sup>th</sup> )	L / WP	Rebecca Giannini	?	2
5 <sup>th</sup> )	L / WP	Mary Kate Keane	1:31.18	1
6 <sup>th</sup> )	Kennedy	Jacqueline Tosto	1:42.60	

**100 Freestyle**

1 <sup>st</sup> )	L / WP	Bardha Brucaj	1:01.19	6
2 <sup>nd</sup> )	Kennedy	Lindsie O'Hagan	1:02.79	4
3 <sup>rd</sup> )	Kennedy.	Ellen McTigue	1:03.13	3
4 <sup>th</sup> )	L / WP	Laura Coghen	?	2
5 <sup>th</sup> )	Kennedy	Meghan Lenzi	1:17.00	1
6 <sup>th</sup> )	L / WP	Rebecca Giannini	1:17.98	

**500 Freestyle**

1 <sup>st</sup> )	L / WP	Brittany Chiang	5:56.47	6
2 <sup>nd</sup> )	Kennedy	Victoria Holzinger	6:01.04	4
3 <sup>rd</sup> )	L / WP	Jaquin Chiriguaya	7:41.29	3
4 <sup>th</sup> )	Kennedy	Megan O'Connor	?	2
5 <sup>th</sup> )	L / WP	Victoria Egerton	?	1

**200 Freestyle Relay**

1 <sup>st</sup> )	Kennedy	Alexandra Panzarino, Lindsie O'Hagan, Ellen McTigue, Victoria Holzinger	1:51.47	8
2 <sup>nd</sup> )	L / WP	Bardha Brucaj, Laura Coghen, Brittany Chiang, Danika Brucaj	?	4
3 <sup>rd</sup> )	Kennedy	Kimberly McCarthy, Meghan Lenzi, Kathryn Windas, Gabrielle Spalvieri	2:13.04	2
4 <sup>th</sup> )	L / WP	Julie McMahan, Amelia Lopez, Mary Kate Keane, Colleen Riordan	?	
5 <sup>th</sup> )	L / WP	Virginia Craft, Cassie Gaylor, Stephanie Gomez, Chloe Fernandez	2:19.84	

**100 Backstroke**

1 <sup>st</sup> )	Kennedy	Lindsie O'Hagan	1:18.47	6
2 <sup>nd</sup> )	L / WP	Julie McMahan	1:19.53	4
3 <sup>rd</sup> )	L / WP	Danika Brucaj	1:23.57	3
4 <sup>th</sup> )	L / WP	Mary Kate Keane	1:29.19	2
5 <sup>th</sup> )	Kennedy.	Livia Oberem	1:52.01	1
6 <sup>th</sup> )	Kennedy	Kelsey Royael	?	DQ

**100 Breaststroke**

1 <sup>st</sup> )	L / WP	Nina Rathbun	1:25.76	6
2 <sup>nd</sup> )	Kennedy	Ellen McTigue	1:28.25	4
3 <sup>rd</sup> )	Kennedy	Gabrielle Spalvieri	1:30.78	3
4 <sup>th</sup> )	L / WP	Virginia Craft	?	2
5 <sup>th</sup> )	Kennedy	Grace Mante	1:37.59	1
6 <sup>th</sup> )	L / WP	Rebecca Cherchia	1:40.34	

**400 Freestyle Relay**

1 <sup>st</sup> )	L / WP	Bardha Brucaj, Danika Brucaj, Rebecca Giannini, Michelle Cook	4:42.47	8
2 <sup>nd</sup> )	Kennedy	Meghan Lenzi, Kathryn Windas, Grace Mante, Kelsey Royael	5:32.75	4
3 <sup>rd</sup> )	L / WP	Nina Rathbun, Virginia Craft, Dalia Akhnoukh, Carly Damm	5:47.43	2
4 <sup>th</sup> )	L / WP	Amelia Lopez, Cassie Gaylor, Rebecca Cherchia, Jaquin Chiriguayo	?	